

Stone Cross, Pevensey Bay and Westham Surgery Newsletter

Volume 1 Issue 2

Aug 2011

Editors Comments

(Kelly Hartland, Practice Manager)



Welcome to our newsletter.

I hope you are finding our newsletters interesting and informative. I have received some nice comments from patients and staff and I am going to have to print a lot more copies of this issue due to the fast sell out of issue 1!

Flu clinics



It is coming up to that time of year again and in order to vaccinate our patients who are 'at risk' or over 65's as quickly as possible we have decided to run 3 open clinics (NO APPOINTMENT NEEDED) over our 3 sites.

Stone Cross - Saturday
08/10/11 8am-1pm (and 1pm-2pm for patients who have difficulties standing for long periods of time).

Westham - Wednesday
19/10/11 8.30-12.30pm.

Pevensey Bay - Saturday
22/10/11 8.30am-1.00pm

We would urge anyone who can get to Stone Cross to please try and attend this clinic as the parking and

congestion may cause problems at Pevensey Bay and Westham. It would, therefore, be nice to leave those surgeries for patients who can walk to the surgery or get public transport.

New Clinics at Pevensey Bay and Westham Surgery.



Due to popular demand we have increased the services that we are offering at our branch surgeries. We are pleased to be able to offer wound care at Pevensey Bay and Westham surgery.

In addition to our sexual health appointments at Stone Cross we are also offering sexual health appointments with Nurse Catherine at Pevensey Bay surgery. You can telephone us and ask for the 'health clinic'. By the end of September we will also be able to offer this service at Westham Surgery.

If you would like to see other services at our surgery please contact us on stone.cross@nhs.net



Do you want help giving up smoking?

At Stone Cross Surgery we are one of the top achieving practices in the area. We have a team of Stop Smoking Advisors working within the Practice.

We are currently running Stop Smoking Information Sessions. The sessions last for seven weeks. Each Information Session lasts for approximately an hour a week and must be attended to maximise your chance of successful quitting.

We run two separate clinics, the first is on a Tuesday evening held between 5.30-6.30pm and the second clinic is held on a Wednesday evening between 5pm – 6pm.

If you are interested in attending, then please contact us on

01323 741232

so that we can let you know the date of the next information session starting.

We look forward to hearing from you.

Half-day Closure



The Primary Care Trust arrange training events for doctors, nurses and surgery staff. The training events take place 3 or 4 times per year and we need to close the surgery for the afternoon. The next one is on the **29th September 2011 from 12.00 noon**. These events are important and enable all local doctors, nurses and administrative staff to get together in one location for a medical conference, which includes training with various doctor, nurse and administrative orientated workshops. South East Health, the out of hours doctor service, provide medical cover, exactly as they do now for the evenings and weekends. We normally close from 12 noon on that day and we apologise in advance for any disruption caused.

New Practice Nurse



We are very pleased to announce that we that we have recruited a very experienced nurse called Jo. She has a special interest in ear care, respiratory and diabetes.

Jo will be taking over most of the Practice Nurse work that Hazel is currently undertaking so Hazel can concentrate on her Nurse Practitioner work, seeing patients with general ailments.

Patient Participation and Involvement Group



We have been working very hard over the summer to get our Patient Participation Group off the ground. We are keen to involve our patients and this group can influence the way local health care is organised and delivered.

We have advertised at all 3 of our sites and we have had a very good response. As per our Primary Care Trust's guidance we were looking for a mix of age, sex and varying ethnicity. We still have a vacancy for a man under 50, a parent of young children and a patient from a minority group.

You are currently represented by 11 patients who live in the following areas: Pevensey Bay, Stone Cross Langney, Polegate, Hankham, Westham and Eastbourne. The age range of the group is 24-76 and we have 20% men and 80% women.

Our computer manager, one of the GPs and I will meet with our group once every 6-8 weeks to discuss issues and ideas on how to improve your surgery. If you would like to complete an application to join this group please ask at reception and we will contact you if a vacancy arises. If you would like to put your own comments forward for discussion please feel free to write to us, or email on: stone.cross@nhs.net and mark it for the attention of Michelle.

The Westham & Pevensey Rover Bus

You don't have to run for this bus it runs for you!

Ring: 0845 606 6951

Westham & Pevensey Rover runs on Tuesdays and Wednesdays, thanks to some splendid local volunteers. More **volunteer Drivers and Phone operators** (to take bookings) are urgently needed. It's a great thing to do - and for a registered Charity number 1142981 too! For more **information about volunteering** go to www.wpltp.co.uk. The **timetables are there too**, so you can try being a **passenger**. It's good fun. We would be happy to see more passengers. On behalf of the WPLTP.

Doctors note:

Dr Sithu Maung, who trained at the Royal Free and University of London, has been working at our surgery for over 18 months. We have decided now to offer him a partnership after receiving good reports from the patients and staff alike. We now have a total of 7 doctors covering our main surgery in Stone Cross and our branches in Pevensey Bay and Westham. A Bansel.

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